

Physical Education Guidelines and Grading

Mr. Tom Taylor

Rules:

1. Follow all rules as printed in the student handbook
2. The student will be in the gym in proper uniform no later than five minutes after the tardy bell rings.
3. Proper uniform is required: MLHS physical education t-shirt, athletic shorts, gym shoes, and socks (also have on hand sweatpants and a sweatshirt for cooler weather)
4. No jewelry of any kind. This will be an automatic four point deduction from the scale below.
5. No food, beverages, gum, or candy during class or in the locker rooms.
6. Take care of the equipment – use it only for its intended purpose.
7. Showers are strongly recommended – students supply their own towels, soap, etc.
8. Each student is assigned a PE locker and a combination lock for which s/he is responsible. Locks must be returned in good working condition at the end of the semester or year, or a fine will be assessed.
9. The student is required to participate. If you cannot participate for any reason, you must have a written note from your parent/guardian or a doctor.
10. I am the RULE MAN. If for any reason I deem it necessary to make a new rule during an activity so that no one gets hurt I reserve the right to do so.

Grading Procedures

1. Daily Grades will be based on participation, promptness, proper attire, and sportsmanship (proper attitude). You will start each quarter with a 100 points in this category. Each time one of these codes of conduct are not met, you will lose one of your 100 points which can not be earned back.
2. You will be given written tests in each section based on the knowledge of the rules of the game.

Each quarter is made up of the following

Daily Grade	60%
Written Tests	40%

Each quarter grade will count as 50% of your semester grade. There will not be a PE final.

Course Outline

Physical Fitness Testing – Marine Corps YPF Program

Flag Football

Soccer

Speedball

Weight Lifting

Basketball

Volleyball

Floor Hockey

Badminton

Bowling

Pickleball

Archery

Frisbee Golf / Bocce Ball

Golf

Slowpitch Softball